

PLAIN OF LUCCA

Real-life Interventions



Food Education Labs in Schools

Food education programme meant for accompanying the upcoming introduction of the “talking menu” in primary schools and kindergartens. The programme will encompass diverse actors (school children, teachers, local producers, ...), needs (education, training, compliance with dietary guidelines, waste reduction) and activities (on-site visits, cooking labs, seminars, informative leaflets on the menu, ...)

Goal:

Creating a shared food education programme to accompany the introduction of the “talking menu” through direct food experiences, to increase children’s understanding and appreciation of healthy, nutritious and more sustainable food



Upscaling of “La mi’ bottega” project

“La mi’ bottega” is a network of neighborhood shops based in Capannori implemented years ago by Comune di Capannori and Caritas onlus where customers can buy food that Caritas will deliver to people who suffer from food poverty.

Goal:

Expanding/improving conditions for access to healthy and affordable food by all citizens, with a focus on low-income households (social services beneficiaries)



Awareness-raising and knowledge exchange

Cross-cutting awareness-raising and knowledge exchange initiatives on sustainable food. Connected to, and cross-cutting with, all other RLI

Goal:

Involving and informing the population on the value of food for health, the environment, and the territory and the value of the intermunicipal food policy initiative



Anti-inflation / Anti-crisis meals

Preparing a sustainable, affordable, healthy and nutritious meal with community recipes in open cooking labs

Goal:

Expanding/improving conditions for access to healthy and affordable food by all citizens; social inclusion



Working table on local production and food supply chains

The recent entrusting of the management of school canteens to a public body owned by Comune di Capannori opens up the possibility of an important intervention of food public procurement

Goal:

Increasing the number of local producers supplying food to school canteens / Activating one or more local supply chains to supply local school canteens

